

OUR ECT TEAM

Our ECT Program includes a highly qualified team of anesthesiologists, registered nurses and support staff. Our Chief Medical Officer, **Dr. Sanjay Gupta**, leads a team of psychiatrists who will work closely with you and your family to provide the very best care possible.

INSURANCE

Most major insurances are accepted. We can check your insurance benefits for you.

REFERRALS

Pre-ECT clearances can be handled by our team for your convenience.

To learn more or to make a referral, please call the ECT Department at **(716) 777-7619** or go to www.brylin.com.

Location:
BryLin Hospital
Inpatient & Ambulatory ECT Program
1263 Delaware Ave.
Buffalo, NY 14209
Phone: (716) 777-7619
Fax: (716) 885-1812



BRYLIN
BEHAVIORAL HEALTH SYSTEM

Center of Excellence

**Electroconvulsive Therapy
Treatment Program**
1263 Delaware Ave.
Buffalo, NY 14209
(716) 777-7619

CHIEF MEDICAL OFFICER
BRYLIN BEHAVIORAL
HEALTH SYSTEM
Sanjay Gupta, MD

*Healing, Supportive,
Therapeutic Care*

With **HELP**, There's **HOPE**
www.brylin.com



BRYLIN
BEHAVIORAL HEALTH SYSTEM

**Center of
Excellence**
ELECTROCONVULSIVE THERAPY

*"ECT is the most
effective and
rapidly acting,
FDA approved
treatment for
severe
depression."*

- SANJAY GUPTA, MD
CHIEF MEDICAL OFFICER
BRYLIN BEHAVIORAL HEALTH SYSTEM



*Healing, Supportive,
Therapeutic Care*



BRYLIN
BEHAVIORAL HEALTH SYSTEM



ECT: Effective treatment with proven results!

A Positive Place for Service Recipients to Begin Healing

- Personalized care from our highly trained, compassionate staff.
- The highest quality medical care and safest practices.
- A therapeutic space that is warm, inviting and positive.



Our state of the art department is the only ambulatory ECT Center in Western New York.

How Does ECT Work?

The ECT procedure involves electrical stimulation to the brain while a person is under anesthesia. A controlled seizure is induced to improve the chemical pathways in the brain that effect mood and behavior.

During the procedure, an anesthesiologist provides a general anesthesia medication, airway management, and knowledgeable guidance. A highly experienced physician determines the proper amount of stimulation and duration of the seizure.

Recipients receive 6-12 treatments over a 4-5 week period. Some people may see their symptoms improve as early as week two.

Each service recipient receives personalized, compassionate care from our highly experienced team of ECT experts.

ECT's effectiveness in treating severe mental illnesses is recognized by the American Psychiatric Association, the American Medical Association, the National Institute of Mental Health, and similar organizations in other countries.

Who Can Benefit From ECT?

ECT is a very effective treatment for people suffering major depression and other severe mental illnesses, such as bipolar disorder and schizophrenia. It's also used for people who require a rapid treatment response because of the severity of their condition, such as being at risk for suicide.

*Clinical evidence indicates that for individuals with uncomplicated, but severe major depression, ECT will produce substantial improvement in approximately 80 percent of patients.

**American Psychiatric Association*

ECT is typically used when other treatments, including medications and psychotherapy, haven't worked.

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